



Guilderland

Central School District



Continuing Education

Winter/Spring Session: 2024/2025

- Classes begin: January 21 (See back cover for registration deadlines)
- Register online December 23-January 3 at <https://guilderland.revtrak.net>



www.guilderlandschools.org/academics/continuing-education

REGISTRATION DETAILS

ELIGIBILITY REGISTRATION PROCEDURE

Courses are open to all persons in the Capital District Region age 16 and over unless otherwise stated. You should consult your physician before participating in any dance or exercise program. Enrollment priority is given to Guilderland Central School District residents. **NO PHONE REGISTRATIONS.**

TO REGISTER: Either you may register online at <https://guilderland.revtrak.net>

OR you may register by mail. For EACH REGISTRANT and EACH COURSE, fill out the enclosed registration form, enclose the correct fee, make separate checks FOR EACH COURSE

payable to Guilderland CSD and send to (**POSTMARKED NO LATER THAN JANUARY 3, 2025**):

Guilderland Central School District
Attn: Julie M. Adamec
Continuing Education
PO Box 18
Guilderland Center, NY 12085

CONFIRMATION OF CLASSES

CONFIRMATION of registration will **NOT** be sent to registrants. Please check our website for class confirmation at www.guilderlandschools.org/academics/continuing-education/

Only classes will be listed, **NOT** individual registrants.

REFUND POLICY

Your continuing education program is a self-sustaining program with all expenses paid out of registration fees. A class may be cancelled and checks will be returned to registrants IF enrollment does not cover the cost of the course. For online registrations, we would process refunds directly to your credit card. No refunds will be given after classes have started. If a registrant cancels prior to the start of the first class, a refund, less a \$10 cancellation fee, will be given. No refunds will be given for one or two-night courses after registration closes. Please be advised that refunds may take three to four weeks to process. No school credit is given for any course.

CLASS TONIGHT?

Whenever the district schools are closed due to inclement weather or for other emergency reasons, classes will not meet that night. Announcements concerning closing of evening adult programs will be broadcast over radio stations: WGY, WROW, WTRY. In addition, this information can be found on the district website at www.guilderlandschools.org and the Public Access Channel 16.

SENIOR CITIZEN POLICY (Age 60 and over)

Seniors residing in the Guilderland CSD are permitted to enroll in most Continuing Education classes at a **50% discount**. Senior citizens should X the "YES" box next to "Senior Citizen" on the registration form. Senior citizens WILL be required to pay the regular registration fee for courses if the fees are needed to maintain self-sufficiency.

QUESTIONS?

Call the Continuing Education Office at **518-720-3573** or visit us at www.guilderlandschools.org/academics/continuing-education/

Continuing Education at Guilderland CSD offers online registration with a credit card payment. Online registration with a credit card is the fastest way to secure your spot in upcoming classes.

Check payments may also be mailed in. Registration forms (page 10) should be filled out and mailed to us with your check payment. The full brochure and registration forms will be posted to our website.

For those without computer access, you may call to request a brochure to be mailed. Brochures are also available in your local library.

**Registrations MUST be postmarked
by
January 3, 2025 to be accepted**

CALENDAR

January

Mon	Tues	Wed	Thur	Fri
X	X	X	X	X
X	X	X	X	X
X	X	X	X	X
X	21	22	23	24
27	28	X	30	31

February

Mon	Tues	Wed	Thur	Fri
3	4	5	6	7
10	11	12	13	14
X	X	X	X	X
24	25	26	27	28
X	X	X	X	X

March

Mon	Tues	Wed	Thur	Fri
3	4	5	6	7
10	11	12	13	14
17	18	X	20	21
24	25	26	27	28
X	X	X	X	X

April

Mon	Tues	Wed	Thur	Fri
X	1	2	3	4
7	X	9	X	X
X	X	X	X	X
X	X	X	X	X
X	X	X	X	X

X = No Continuing Education Classes held at any Guilderland Central School District sites. Classes at off-District sites will still be held.

BECOMING MEDIA SAVVY; HONE YOUR MEDIA & DIGITAL LITERACY

Posts on social media, information on websites and blogs, even the stories we see in the news media can be biased, distorted, or downright wrong. Learn how to identify credible information — no matter what the source. In this course, we will learn how to assess the credibility of information, what makes an information source authoritative, how the news media frame stories, how to identify disinformation, and why certain content spreads widely on social media. In addition, we will consider the impact of artificial intelligence on information literacy, as well as the ongoing effects of media exposure in a fast-paced, 24/7 media environment.

Room: GHS 605 Limit: 25
 Instructor: David Albert
 Dates: MONDAYS 1/27/2025—3/24/2025
 Time: 6:00 p.m. —7:30 p.m. Sessions: 8
 Fee: R \$72 RS \$37 NR \$77 NRS \$39.50

BEGINNER RUMBA, HUSTLE, WEST COAST SWING

This ten-week session will focus on the basic, Bronze Level 1 steps for three dances: Rumba, Hustle, and West Coast Swing. Every class will reinforce posture, dance frame, lead/follow techniques, and dance floor etiquette.

Room: GHS Large Café Limit: 24
 Instructor: Joe Sweeney
 Dates: TUESDAYS 1/21/2025 - 4/1/2025
 Time: 7:00 p.m. — 8:00 p.m. Sessions: 10
 Fee: R \$67 RS \$34.50 NR \$72 NRS \$37



Clearing of Checks:

Checks are held until it is determined if the class will run. If a course is cancelled, your check will be returned. All other checks are deposited AFTER the first week of the new session.

Registration Forms:

Each registration must be for ONE person for one course with ONE check for that specific course.

Class Confirmations

Visit:

www.guilderlandschools.org/academics/continuing-education/

BEGINNER TO INTERMEDIATE GUITAR AND UKULELE — “LEARN A SONG”

Bring your guitar, bass, or ukulele and embark on a musical adventure that promises fun and fulfillment.

No Instrument? No Problem: We're here to assist you in finding the perfect guitar or ukulele to start your journey. New to Music? Welcome Aboard: Don't worry if you've never played before. We'll start from the basics and have you strumming in no time.

Beginners: Discover the joy of music as you learn essential chords, techniques, and rhythms. By the end of the course, you'll be playing a full song with the group and sharing the joy of music!

Novice - Intermediate: Elevate your skills with creative techniques and a deeper understanding of the guitar. You'll finish the course with the ability to add your own flair to our final group performance.

“I never knew learning guitar could be so enjoyable!” -

Jean A

Meet Your Instructor: Don Warren, a passionate musician with a heart for teaching. Learn more about Don's approach and experience at Warrenlessons.com

Prior to Class you will receive an email giving you a head start on knowing how to tune the guitar, along with other useful tips.

What to Bring: Your guitar, a pick (if you prefer), a tuner, and a pen. Missing something? Let us know, and we'll help you out.

Room: GHS Choir Room Limit: 30
 Instructor: Don Warren of Warren Lessons
 Dates: MONDAYS 1/27/2025 — 2/24/2025
 Time: 7:00 p.m.—8:00 p.m. Sessions: 4
 Fee: R \$42 RS \$42 NR \$47 NRS \$47



CHAIR YOGA

Chair yoga will move your whole body through mindful movements in seated and standing positions. Chair support is offered to safely perform a variety of postures designed to improve strength, flexibility, balance, and overall wellness. Breathing and relaxation techniques will promote stress reduction, mental clarity, and improved well being.

Room: Virtual Limit: 30
Instructor: Lisa Battisti
Dates: TUESDAYS 3/4/2025 - 3/25/2025
Time: 10:00 a.m.—11:00 a.m. Sessions: 4
Fee: R \$42 RS \$42 NR\$47 NRS \$47



CUPCAKE DECORATING

Learn a variety of techniques to make beautiful and fun cupcakes, in this sweet course. During the first class, we'll cover the basics of assembling and using a piping bag and tips. Each participant will make three spring-themed cupcakes to take home. For the second week of class, we will dive into more advanced techniques, including flower piping and decorate flower cupcakes. All of the techniques taught can be used on cakes, as well! The instructor will provide all of the supplies, and each week participants will take home the cupcakes that they decorated during the course. Tara Connors began Bash Parties in 2013, which hosts in-home, activity-based events, including a cupcake-decorating themed party. There is a \$30 Materials Fee, payable to the instructor, on the first night of class, covering both weeks of the course. There is a \$30 Materials Fee, payable to the instructor, on the first night of class, covering both weeks of the course.

Room: GHS Large Café Limit: 15
Instructor: Tara Connors, Bash Parties
Dates: WEDNESDAYS 3/5/2025—3/12/2025
Time: 6:30 p.m. —8:00 p.m. Sessions: 2
Fee: R \$42 RS \$42 NR\$47 NRS \$47

Class Confirmations
Visit:
www.guilderlandschools.org/academics/continuing-education/

ESSETRICS® STRETCH AND TONE

This is a dynamic stretching routine that will lengthen and tone. The focus is on rebalancing, improving posture, and using safe alignment in movement. Based on eccentric strengthening, which stretches the muscles and strengthens them in the elongated position, ESSETRICS® will make your entire body strong, flexible, and agile. This is a weight-free workout that consists of standing, floor work, and/or barre work. No special shoes required, this is a barefoot workout. **Please bring a mat. Optional: small cushion, and a band/strap (a towel will work if no band/cushion).**

Room: GHS Dance Studio Limit: 20
Instructor:
Theresa Riley, Certified Essentrics®, Instructor Level 2
Dates: THURSDAYS 1/23/2025—4/3/2025
Time: 6:00 p.m.—7:00 p.m. Sessions: 10
Fee: R \$67 RS \$34.50 NR \$72 NRS \$37

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UNLESS noted otherwise.



FINANCIAL PLANNING BASICS

In this presentation, we'll take a look at some general financial planning concerns. While there's no such thing as a "one-size-fits-all" financial plan, this overview should assist you in thinking about your own needs.

Room: GHS Room 607 Limit: 25
Instructor: Jeff Jones
Dates: MONDAY 1/27/2025
Time: 6:30 p.m.- 8:00 p.m. Sessions: 1
Fee: R \$32 RS \$32 NR \$37 NRS \$37

Instructors Wanted
Do you have a particular hobby or skill? Do you enjoy passing on your knowledge? We are actively seeking new and interesting classes to add to our course offerings. For more information, call 518-720-3573

HEALTHCARE AFTER RETIREMENT, PART 1

Do you know what to expect when it comes to Medicare? Did you know Medicare is mandatory for those collecting Social Security and it will likely be your greatest expense in retirement? If you or someone you know is turning 65, ready to retire, or losing your employer plan, this course will help you discover an understanding of Medicare. From part A to IRMAA, learn the fundamentals of how each section of Medicare works in this hands-on class aimed at making complex information easy to understand.

Room: GHS Room 607 Limit: 25
 Instructor: Michael Stanton
 Dates: TUESDAY 2/11/2025
 Time: 6:30 p.m. - 8:00 p.m. Sessions: 1
 Fee: R \$32 RS \$32 NR \$37 NRS \$37

HEALTHCARE AFTER RETIREMENT, PART 2

An educational course to help you understand the differences between advantage, supplemental, and prescription drug plans. This is the second class in the Healthcare series.

Room: GHS Room 607 Limit: 25
 Instructor: Michael Stanton
 Dates: TUESDAY 2/25/2025
 Time: 6:30 p.m. - 8:00 p.m. Sessions: 1
 Fee: R \$32 RS \$32 NR \$37 NRS \$37

HUDSON: THE STORY OF A RIVER

New York's iconic Hudson River changes dramatically on its journey 315 miles from the Adirondacks to New York Harbor. The Capital Region is roughly at its midpoint, but how well do we know this mighty river and its role in our history? This single night class highlights the Hudson's development from a tiny, shallow, rocky stream, to a raging freshwater river, to a tidal estuary below Troy. Join us for this special look at "The River that Flows Both Ways."

Room: GHS Room 607 Limit: 25
 Instructor: Scott Stoner
 Dates: TUESDAY 3/18/2025
 Time: 6:30 p.m.— 8:30 p.m. Sessions: 1
 Fee: R \$32 RS \$32 NR \$37 NRS \$37



ITALIANO UNO 1 FOR BEGINNERS

Basic grammar and conversation; we will talk about everyday life in Italy, pop culture, geography, some history, and of course, food!

Everything you need to know if planning to visit il Bel Paese, discover more about your roots, or start the amazing adventure of learning the most beautiful language in the world!

Suggested but not required textbook "Easy Italian Step by Step" (McGraw Hill, available also used).

Your teacher is ACTFL (American Council on the Teaching of Foreign Languages) certified, she was born, raised, and educated in Italy.

Room: GHS Library Classroom Limit: 25
 Instructor: Alessandra Gherlani Rastegar
 Dates: TUESDAYS 1/21/2025—4/1/2025
 Time: 6:00p.m.—8:00 p.m. Sessions: 10
 Fee: R \$87 RS \$44.50 NR \$92 NRS \$47

LINKEDIN: I'M ON LINKEDIN BUT I DON'T KNOW WHAT TO DO WITH IT

Have you established your LinkedIn Profile but you don't know what to do with it? Join Suzanne O'Connor, MEd, Suzanne O Services, LLC. to learn the details of LinkedIn and how to effectively use it. Whether you have a profile or you need to start from scratch, this is the class for you.

You will learn the value of creating a complete profile; find out Profile Sections, including the hidden sections beyond the core. Helpful examples will be provided.

Learn tips about building your network, making valuable connections to enhance your job search and using LinkedIn jobs to search for new positions.

Individual profile reviews will be offered at the end of class.

Room: GHS 603 Limit: 25
 Instructor: Suzanne O'Connor
 Dates: WEDNESDAY 2/12/2025
 Time: 7:00 p.m.—8:30 p.m. Sessions: 1
 Fee: R \$32 RS \$32 NR \$37 NRS \$37

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MASTERING YOUR DSLR CAMERA - PART 1

Stop using auto mode and get the most out of your DSLR or mirrorless camera! This course is for photographers with little or no experience with today’s digital cameras. We start with the basics and find out how, when and where to change the settings on your camera. You will receive tips on composition and discuss what makes a great photograph. Become a master of the Exposure Triangle and learn how to stop action, capture motion, and purposefully create crisp or blurred backgrounds in your photographs (shutter speed, aperture). Discover the possibilities of your camera, including how to shoot fireworks. Basic flash photography is also covered. Be prepared and bring your questions to class!

Room: GHS Room 603 Limit: 25
 Instructor: Lance Luther
 Dates: TUESDAYS 1/21/2025 - 3/18/2025
 Time: 6:30 p.m. -9:00 p.m. Sessions: 8
 Fee: R \$87 RS \$44.50 NR \$92 NRS \$47



NOTARY PUBLIC REVIEW WORKSHOP (Virtual)

This workshop prepares you for the NYS Notary Public test and will provide you with a comprehensive view of the notary public office. Confusing laws, concepts, and procedures will be clearly explained and clarified. Examples will be provided to illuminate situations that a notary public officer is likely to encounter. Topics include avoiding conflicts of interest, maintaining professional ethics, charging proper fees, handling special situations, when to defer to an attorney, and minimizing legal liability. This workshop is a must for notary public candidates to become fully aware of the authority, duties, and responsibilities involved in this office. All materials will be provided including website links to NYS Dept of State licensing info, 64-pg workbook, and sample forms. Also featured is an 80 question practice exam which attempts to emulate the actual NYS mandatory exam.

Room: VIRTUAL Limit: 20
 Instructor: Victor Bujanow, CIC, CNSA
 Practicing Notary Public for over 25 years
 Dates: TUESDAY 3/25/2025
 Time: 5:30 p.m.—9:30 p.m. Sessions: 1
 Fee: R \$42 RS \$42 NR \$47 NRS \$47

POUND

Exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin’ out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities. You will need to bring your own exercise mat. Towel & water recommended.

Room: GHS Dance Studio Limit: 25
 Instructor: Denise Chapman Duffina
 Dates: MONDAYS 1/27/2025 - 4/7/2025
NO CLASS 3/3/2025
 Time: 6:00 p.m. -7:00 p.m. Sessions: 8
 Fee: R \$57 RS \$29.50 NR \$62.00 NRS \$32.00

R.A.D. (RAPE AGGRESSION DEFENSE)

Be prepared for any situation by taking a R.A.D. (Rape Aggression Defense) class. This unique class is designed to provide you with skills that will increase safety and confidence on a daily basis. Whether you have limited or increased exposure to potentially dangerous situations, it is always important to be prepared. Taught by experienced certified instructors of the Guilderland Police Department, students will learn how to access and defend themselves when faced with an unsafe encounter. The course includes lecture, discussion, and self-defense techniques suitable for people of all ages and abilities. If you have ever considered taking a self-defense class, now is the time to do it. Gain new skills, friends, and the confidence to protect yourself in any situation. (This is a no fee, 3-day class)

Room: GHS LGI Limit: 20
 Instructor: Patricia Stallmer, Guilderland Police Department
 Dates: TUES 3/25/2025 & WED 3/26/2025 & 4/2/2025
 Time: 5:30 p.m.—9:30 p.m. Sessions: 3
 Fee: R \$NC RS \$NC NR \$NC NRS \$NC

All classes are held at Guilderland High School
 UNLESS noted otherwise.

REFLECTING ON LIFE THROUGH JOURNALING: A WRITING WORKSHOP

Our lives are a rich tapestry of experiences, emotions, and memories. Too often, we neglect to reflect on these individual threads that, woven together, shape our unique story. This interactive 10-session workshop, titled "Reflecting on Life Through Journaling", invites you to explore and articulate aspects of your life through the practice of journaling. In this course, each session is designed to address a different aspect of life. By responding to prompts and exercises that acquaint you with the expressive use of language, you will explore components of your life while developing your writing skills and expressive abilities. By the end of this course, you will have created a substantial personal journal, a tangible testament to your journey of self-exploration and expression. This journal will serve not only as a personal memoir but also as a resource for creative inspiration and future reflection. Whether you prefer to write on your laptop, in a spiral notebook or leather-bound diary, with pen or pencil, or even (gulp) in your phone, bring your favorite writing tools to each session.

Room: GHS Room 605 Limit: 15
 Instructor: Lynne Ronesi
 Dates: TUESDAYS 1/21/2025—4/1/2025
 Time: 6:00p.m.— 8:00p.m. Sessions: 10
 Fee: R \$87 RS \$44.50 NR \$92 NRS \$47

SOCIAL SECURITY

As you approach retirement, when to claim Social Security retirement benefits is one of the biggest financial decisions you'll need to make. Should you begin receiving benefits at your full retirement age or should you take it as soon as possible? In this course, we will summarize the benefits and drawbacks of taking Social Security at each age as well as the factors to help you make a decision.

Room: GHS Room 607 Limit: 25
 Instructor: Reese Hughes
 Dates: TUESDAY 2/4/2025
 Time: 6:30 p.m.— 8:00 p.m. Sessions: 1
 Fee: R \$32 RS \$32 NR \$37 NRS \$37



SPANISH FOR BEGINNERS

During this 10-week course, students will learn the grammatical structure, acquire listening comprehension and pronunciation, and apply vocabulary of the Spanish language, all while immersing into the cultural components of different Latin American communities. The course will be delivered using a communicative approach and active participation.

Room: GHS Room 603 Limit: 20
 Instructor: Carman (Genie) Nieves
 Dates: THURSDAYS 1/23/2025—4/3/2025
 Time: 6:00 p.m.- 8:00 p.m. Sessions: 10
 Fee: R \$87 RS \$44.50 NR \$92.00 NRS \$47

STOCKS, BONDS, & MUTUAL FUNDS

This flagship course has been heard by thousands of people since the launch in 2005. Each year we make adjustments to give you the most up-to-date information. Learn the basics of stocks, bonds, and mutual funds, the true backbone of most portfolios. This informational class will help you understand the differences and similarities of various types of investments and explain "financial lingo". It will also show you how proper asset allocation will lower your overall risk, understand the benefits of using mutual funds to build a balanced portfolio to plan for a successful retirement. There will be no attempt to promote any specific investments.

Room: GHS Room 607 Limit: 25
 Instructor: Nick Stark
 Dates: THURSDAY 3/13/2025
 Time: 6:30 p.m.— 8:00p.m. Sessions: 1
 Fee: R \$32 RS \$32 NR \$37 NRS \$37



Class Confirmation

Visit:

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STRENGTH TRAINING AND CONDITIONING-

Learn how to make a dramatic change in your body from someone who has done it himself. Participants are provided with a custom-designed fitness program that is both functional & challenging. Whether your goal is to lose weight, increase flexibility, or just boost your general health, this class may be just what you have been looking for. Instructor has successfully lost over 100 lbs. using the same exercise principles you will learn. All fitness levels welcomed. Gain muscle, lose body fat the right way.

Room: GHS Weight Room Limit: 20
 Instructor: Sean Dollard (Member of NSCA & ISSA)
 Dates: TUES & THURS 1/21/2025—4/3/2025
 Time: 7:30 p.m.—9:00 p.m. Sessions: 20
 Fee: R \$97 RS \$97 NR \$102 NRS \$102

VALENTINE'S DAY WREATH

Make a decadent looking box of chocolates to hang on your wall for Valentine's Day. Tara Connors of Bash Parties will be your instructor and will provide all supplies, materials and instruction for this cute and sweet class.

Room: GHS Large Café Limit: 15
 Instructor: Tara Connors, Bash Parties
 Dates: WEDNESDAY 2/5/2025
 Time: 6:30 p.m.— 8:00 p.m. Sessions: 1
 Fee: R \$32 RS \$32 NR \$37 NRS \$37

WRITING SCIENCE FICTION WORKSHOP

This writing intensive workshop is intended for students of all ability levels. Topics in creative prose fiction writing will be explored through discussion, assignments, and peer review. Reader experiences of our work provide tailored feedback for learning and improving student writing. By the end of this course, students will have built upon their creative writing skills, practiced the use of research to inform their creative work, given and received constructive feedback, and will have explored the creative process together and individually. Proficiency in the use of Microsoft Word and exchanging assignments with the class through email is a prerequisite. Please note that this workshop focuses on Science Fiction and its Subgenres.

Room: GHS 605 Limit: 6
 Instructor: William Laremore
 Dates: THURSDAYS 3/6/2025—4/3/2025
 Time: 6:00 p.m.— 8:00 p.m. Sessions: 5
 Fee: R \$67 RS \$34.50 NR \$72 NRS \$37

YOUR JOB SEARCH IN A DIGITAL AGE

Is the new year bringing a desire for a new job? Are you overwhelmed with where to begin? Does the prospect of applying online scare you? Suzanne will take you through this strategic process step by step: *Identifying your Career Goal - Targeting Your Resume - Renovating your LinkedIn Profile - Interview Preparation - Salary Negotiation.*

If you already have a resume, please bring it along or bring your laptop.

Room: GHS 603 Limit: 25
 Instructor: Suzanne O'Connor
 Dates: WEDNESDAY 2/5/2025
 Time: 7:00 p.m.— 8:00 p.m. Sessions: 1
 Fee: R \$32 RS \$32 NR \$37 NRS \$37

ZUMBA

A mix of low and high-intensity moves for an interval-style, calorie-burning dance fitness party. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of AWESOME!! So get ready to have a BLAST while dancing your booty off!! *Bring: water, towel (optional).*

Room: GHS Dance Studio Limit: 30
 Instructor: Jessi Johnson
 Dates: WEDNESDAYS 1/22/2025—4/9/2025
 Time: 6:30 p.m. -7:30 p.m. Sessions: 9
 Fee: R \$62 RS \$32 NR \$67 NRS \$34.50

ZUMBA - "DITCH THE WORKOUT, JOIN THE PARTY"

Zumba is the most popular workout in the fitness world today! You have undoubtedly been hearing about Zumba around town, and in the media. It's time for you to enjoy your cardio workout to international music! Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out, to love working out, and to get hooked. Zumba® Fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! You will love it!

Room: WES Large Gym Limit: 50
 Instructor: Karla Jamie-Benitez
 Dates: TUESDAYS 2/4/2025 - 4/1/2025
 Time: 6:30 p.m.—7:30 p.m. Sessions: 8
 Fee: R \$57 RS \$29.50 NR \$62 NRS \$32

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REGISTRATION FORMS MUST BE FOR INDIVIDUALS, FOR INDIVIDUAL COURSES, ACCOMPANIED BY INDIVIDUAL CHECKS. Multiple registrations for people and/or courses, with checks for multiple registrations will be returned to sender and will NOT be registered. Send check or money order. NO CASH

Make payable to: **GUILDERLAND CSD**

SEND TO: Continuing Education, GCSD
Attn: Julie Adamec
PO Box 18
Guilderland Center, NY 12085-0018

Resident of School District? (Please circle) Yes No
Senior Citizen (over 60)? (Please circle) Yes No

PLEASE PRINT: Miss / Ms. / Mr. / Mrs. _____
(First Name) (Last Name)

ADDRESS: _____, NY _____
(Street) (City) (ZIP)

PHONE #: _____ **Email Address:** _____

COURSE: _____ **WEEKNIGHT:** _____ **\$ PAID:** _____ **CHECK #:** _____

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(Street) (City) (ZIP)

PHONE #: _____ **Email Address:** _____

COURSE: _____ **WEEKNIGHT:** _____ **\$ PAID:** _____ **CHECK #:** _____

REGISTRATION FORMS MUST BE FOR INDIVIDUALS, FOR INDIVIDUAL COURSES, ACCOMPANIED BY INDIVIDUAL CHECKS. Multiple registrations for people and/or courses, with checks for multiple registrations will be returned to sender and will NOT be registered. Send check or money order. NO CASH

Make payable to: **GUILDERLAND CSD**

SEND TO: Continuing Education, GCSD
Attn: Julie Adamec
PO Box 18
Guilderland Center, NY 12085-0018

Resident of School District? (Please circle) Yes No
Senior Citizen (over 60)? (Please circle) Yes No

PLEASE PRINT: Miss / Ms. / Mr. / Mrs. _____
(First Name) (Last Name)

ADDRESS: _____, NY _____
(Street) (City) (ZIP)

PHONE #: _____ **Email Address:** _____

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GUILDERLAND CENTRAL
SCHOOL DISTRICT

DIRECTOR OF
CONTINUING EDUCATION:

Jeff Gregory

8 School Road/ P.O. Box 18
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SUPERINTENDENT

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Central School District

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Continuing Education

Winter/Spring Session: 2024/2025

- Mail Registrations must be postmarked by January 3
- Register online December 23-January 3 at <https://guilderland.revtrak.net>
- Classes begin: January 21